



Virginia Chiropractic Association  
PO Box 15, Afton, VA 22920  
Phone 540-932-3100  
Fax 540-932-3101  
vcacentral@hughes.net

*"Unity in One Voice"*

September 14, 2006

Timothy M. Kaine  
Office of the Governor  
Patrick Henry Building, 3rd Floor  
1111 East Broad Street  
Richmond, Virginia 23219

Dear Governor Kaine:

This October, doctors of chiropractic from across the nation will for the first time observe National Chiropractic Month. The inaugural activities for this observance will focus on preventing workplace injuries. Whether it's a job that requires a great deal of bending and lifting, or one that entails typing at a computer all day, according to OSHA more than 1.8 million musculoskeletal injuries are reported each year.

Government statistics show that employers spend more than \$150 billion a year in workers' compensation costs, even though there is compelling evidence that most injuries could in fact be prevented through programs that address health and wellness. During National Chiropractic Month, doctors of chiropractic are leading the charge to promote a safe and healthy working environment by providing information and advice about occupational health and safety.

I am writing to encourage you to issue a proclamation declaring October as National Chiropractic Month in Virginia. Sponsored by the American Chiropractic Association, the campaign is reaching millions of Americans with important preventative health messages through a grassroots network of local doctors and chiropractic organizations. For more information, visit [www.acatoday.org](http://www.acatoday.org).

Please join in and help us spread the word. Your support will send a clear message to the citizens of Virginia that good health, especially in the workplace, is important to them, their families and their communities.

Sincerely,

Scott B. Cypher, DC  
President

Enclosures

cc: American Chiropractic Association