

# What's All the Fuss About AI?

The Future Is Now.



### BREAKTHROUGH

- We're diving into the exciting world of Artificial Intelligence (AI).
- · AI is revolutionizing chiropractic practice marketing and clinical practice.
- AI has the potential to enhance patient care, streamline operations, and improve decision-making.
- I know that you are in for an insightful journey!



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# BREAKTHROUGH What is AI?

- AI is artificial intelligence.
- Al's key functions include learning, reasoning, problemsolving, and language understanding.
- · AI can process large amounts of data, recognize patterns, and make predictions.
- It mimics human intelligence in problem-solving.



BREAKTHROUGH

- The benefits of being an early AI adopter:
- Competitive edge
- Improved patient experience
- Enhanced practice efficiency
- Stay ahead of the curve: early adopters can gain a competitive advantage by embracing Al innovations before competitors do.
- It's like being the first to market with a new idea, product, or service. Or missing the boat...



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### BREAKTHROUGH Why AI Matters

- AI has the potential to improve patient care and practice efficiency.
- · Al is worth discussing.
- It has the potential to enhance decision-making, streamline tasks, and ultimately benefit both patients and chiropractic practices.





# The History of Al

What's All the Fuss About Al?



### BREAKTHROUGH

## The History of Al

- The history of AI includes milestones like the development of chess-playing computers and the rise of deep learning.
- · Al is now an integral part of our daily lives.
- · AI is changing many industries, including healthcare, and has a transformative potential for your practice.



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## BREAKTHROUGH

### The Turing Test

- · As computers became more powerful in the 1950s, Alan Turing created the Turing test.
- · Originally called the imitation game, it is a test of a computer's ability to exhibit intelligent behaviour equivalent to, or indistinguishable from, that of a human.
- In other words, the Turing Test is a method of determining whether or not a computer is capable of thinking like a human being.
- · Thus was born the AI Revolution!



BREAKTHROUGH

- · While concepts like deep learning are relatively new, they're based on a mathematical theory which dates back to 1943.
- Warren McCulloch and Walter Pitts describe how networks of artificial neurons can be made to perform logical functions.
- The dream of AI is born!



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# **EREAKTHROUGH** Conversing with Computers

- Ever wondered what the grandparent of Amazon's Alexa, Google Assistant, and Apple's Siri is?
- · Back in the mid-1960s, a professor at the MIT Artificial Intelligence Laboratory developed a computer psychotherapist called ELIZA, which could carry out seemingly intelligent conversations via text with users.
- . Its creator noted at the time how surprised they were that users were so willing to converse with a machine in this way.



# Here Come the Self-Driving Cars

- · Think that Google developed the world's first self-driving car?
- Think again.
- Back in 1986, a Mercedes-Benz van kitted out with cameras and smart sensors by researchers at Germany's Bundeswehr University was able to successfully drive on empty streets.
- A few years later, a Carnegie Mellon researcher built an autonomous minivan and used this to drive 2,797 miles coast to coast from Pittsburgh to San Diego.



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### BREAKTHROUGH

- 1997 was a banner year for AI, as IBM's Deep Blue supercomputer took on world chess champion Garry Kasparov in a chess battle pitting human against machine brain.
- While there was no doubt that Deep Blue could process information more quickly than Kasparov, the real question was whether it could think more strategically.
- It turns out that it could!



## BREAKTHROUGH Al triumphs at Jeopardy!

- Much like Deep Blue's standoff with Garry Kasparov, IBM's Al faced another big challenge in 2011.
- IBM's Watson AI took on former Jeopardy! winners Brad Rutter and Ken Jennings.
- And won the \$1 million first place prize.



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### BREAKTHROUGH Al loves... Cats?

- In June 2012, Google researchers Jeff Dean and Andrew Ng trained a giant neural network of 16,000 computer
- They fed it 10 million unlabeled images taken from YouTube videos.
- Despite being given no identifying information about them, the AI was able to learn to detect pictures of felines, using its deep learning algorithms.
- It turns out that, just like us, even impressively smart Al enjoys cat videos!



### BREAKTHROUGH What's So Scary About AI?

- . Common concerns about AI include privacy, job displacement, and ethics.
- Understanding Al's capabilities and limits can ease these worries.
- Following healthcare data privacy regulations, such as HIPAA, AI can be used responsibly to protect patient information.



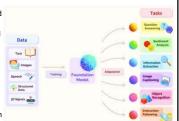
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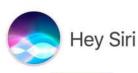
# Generative Al & Large Language Models (LLMs)

- AI follows a predefined set of rules.
- Generative At like ChatGPT are based on large language models (LLMs).
- Deep learning is a method in artificial intelligence (AI) that teaches computers to process data in a way that is inspired by the human brain.
- Deep learning models can recognize complex patterns in pictures, text, sounds, and other data to produce accurate insights and predictions.
- It has incredible creative potential such as generating art, music, or even human-like text.



# Examples of Al In Everyday Life

- · AI is already woven into our daily experiences:
  - Virtual assistants (Alexa, Siri)
  - Spell check
  - Driver assistance (blind spots, pedestrian detection, parking)
  - Recommendation systems (Netflix, Spotify)
- · Al-driven technologies have made our lives more convenient and efficient.





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## Practical Uses for Al In Marketing

- Al can revolutionize your practice  $marketing\ efforts.$
- Automated social media content creation
- Personalized patient outreach
- Al-powered chatbots for website support
- Al can tailor marketing strategies to individual patients, creating a more engaging and effective patient experience.
- It's like having a personal marketing guru for each patient.





## **AI Resources for Your Practice**

What's All the Fuss About AI?



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### BREAKTHROUGH ChatGPT4 AI Content Generator:

- https://chat.openai.com/
- ChatGPT is a powerful AI language
- · ChatGPT can assist with tasks like answering patient questions, drafting content, and more.
- · It's a valuable addition to chiropractic practice communication.
- It's like having a knowledgeable colleague at your fingertips.



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- A prompt in AI is a specific instruction or question.
- Prompts guide AI models like ChatGPT.
- You must craft clear and specific prompts to get the desired responses from AI models.
- It's like giving clear instructions to get the best results.
- · Let's demonstrate some prompts.
- "Act as if you are a chiropractor writing a blog to encourage people to try chiropractic. Write a blog post on the importance of good posture."
- "Shorten it."
- "Turn it into a Rap in the style of Eminem."

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# BREAKTHROUGH AI-PRM: AI Prompt Generator

- https://www.aiprm.com/
- AI-PRM is a prompt management tool and community-driven prompt library.
- Ready-to-use prompts for ChatGPT, Bard, Midjourney, and DALL-E 2.
- Use it to complete marketing, sales, operation, productivity, and customer support tasks in minutes that used to take hours.





## Gamma: Al PowerPoint Generator

- https://gamma.app/
- Your AI PowerPoint presentation maker.
- · Gamma is a powerful creative partner that designs slides quickly, helps brainstorm ideas and generates text and images in a
- · All you have to do is ask or import your text document and watch Gamma generate a unique slide deck for you in seconds.



BREAKTHROUGH

### D-ID: Talking AI Avatars

- https://www.d-id.com/
- Create and interact with talking avatars.
- Transform photos into Al video presenters.
- Produce Al-powered, costeffective videos for training materials, internal communications, marketing and more, at the touch of a button.

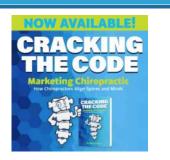


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# BREAKTHROUGH

### Cracking The Code: Marketing Chiropractic

- The #1 Chiropractic Book on Amazon!
- · Written by me!
- 24 Chapters cover the most important marketing tools and trends for your practice today.
- Buy it on Amazon https://bit.ly/48zUhs8
- Or get your autographed copy today!



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## BREAKTHROUGH DALL·E: Al Image Generator

- https://labs.openai.com/
- DALL·E 2 is an AI system that can create realistic images and art from a description in natural language.
- · Let's make a picture of a chiropractor giving an adjustment to a teddy bear with
- Your only limit is your imagination!



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## BREAKTHROUGH Bad Things AI Can Do: Hallucination

- · AI hallucination is the generation of inaccurate or biased content.
- In one instance a lawyer was disbarred for submitting a motion that was full of case law made up by ChatGPT
- A human being is needed as an editor for Al-generated materials.
- · You must be vigilant in monitoring Al-generated content, especially in healthcare.



### **BREAKTHROUGH** Good Things AI Can Do: Empathy

- Medical experts preferred ChatGPT's answers to those of a physician 79% of the time in a study published in JAMA in April 2023.
- Experts found the chatbot's responses to patient questions were higher quality and more empathetic.
- · ChatGPT can still make grave medical errors, but this study suggests, Al may improve upon a doctor's bedside manner.
- JAMA Intern Med. 2023;183(6):589-596.



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### BREAKTHROUGH Good Things AI Can Do: Radiology

- An AI tool can accurately identify normal and abnormal chest X-rays in a clinical setting, according to a study published in the journal Radiology.
- The tool may greatly alleviate the heavy workload experienced by radiologists globally.
- https://doi.org/10.1148/radiol.222268



BREAKTHROUGH • AI is expected to play a

- significant role in: Automating routine tasks
- Encounter documentation and report wring
- Enhancing patient education
- Enhancing the overall patient experience.
- It's like looking through a crystal ball into the future of healthcare.



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### BREAKTHROUGH Your Al Journey

- Embrace AI for a brighter future in healthcare.
- Al is not just a trend but a fundamental tool for the future of chiropractic care.
- Explore AI with confidence, knowing that it can elevate patient care and practice efficiency.
- Embrace it and it can take your practice to new heights!





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