

FALL 2025



LETTER FROM THE ED

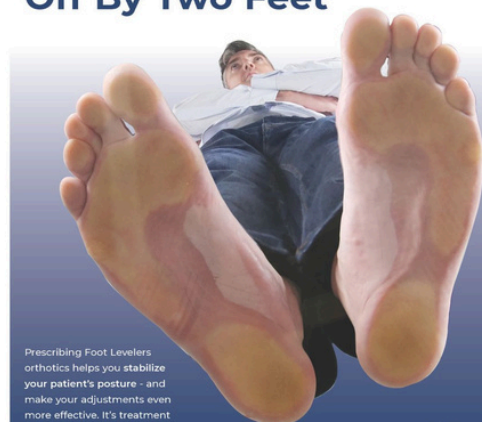
Fall descended upon Virginia, as the UVCA celebrated 100 years of chiropractic care in Virginia Beach at the Fall 2025 convention. Just like leaves, UVCA continues to add color and variety to Virginia chiropractic with its rich heritage, diverse practitioners, and different philosophies. This October we hosted the inaugural Chiropalooza as a way to reinvent our conventions and focus more on camaraderie, networking, and exchanging ideas in a party atmosphere. The UVCA Board and Staff is diligent about creating a space that blends education and relaxation. Of course, there wasn't much time to contemplate chiropractic during the pickleball tournament. Congratulations to Chirocenter Management Corporation's Marilyn Porras and Algiamed's Dr. Kieran Collins, the UVCA 2025 Pickleball Tournament winners!



The winds of change continue to blow through the UVCA. The third week of November you'll receive a member survey. We understand in today's climate that belonging to an association is a dedicated decision and not a haphazard pledge. Throughout the year, members have indicated they would like to have more benefits. However, no one has elucidated what those perks should be. We're making it easy for you. Please take the survey and tell us what you expect from your state association. We are here to serve you. Insight is needed from all four corners of Virginia. The survey is short but identifies everything from conventions to educational programs.



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Providing membership perks is a delicate process because we want to offer opportunities that appeal to the group as a whole. The more we learn the better equipped we are to make those decisions. In the past year, we've retooled and introduced a few membership benefits. We're revisiting the Mentorship Program. Our goal is to focus less on geography and more on individual pursuits. Mentors and mentees will be matched based on their shared experiences versus zip codes. Virtual meetings offer convenient ways to connect members. Last November we launched the NexGen Advisory Council that has provided invaluable guidance as we welcome more Millennial and Gen Z chiropractors. We continue to provide off-site instruction on topics such as acupuncture and dry needling. Our conventions brim with intriguing speakers and interesting topics. And, we're enhancing connectivity by hosting more and varied District Connections at a restaurant near you. If you haven't rubbed elbows with your fellow doctors, now is the time to show up to a regional event, share a meal, meet with legislators, and further unite with the chiropractors in your area.

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Throughout all the changes, one thing remains the same – UVCA is dedicated to its membership. The staff, small and mighty, made possible a celebration that honored 100 years of service. Special thanks to Selena Espindola, Susette Goodwin, and Bruce Coor. Current and former UVCA Board of Directors members pitched in as well, notably Dr. Joe Foley who recounted the tumultuous road chiropractors had to traverse to solidify chiropractic as a noble field. Dr. Taylor Myers was especially busy, participating in the UVCA Pickleball Tournament after being elected as the new UVCA President. Board members new and old agreed to focus on new ventures, new convention venues, and new perks for our members.



We are grateful for our members. You make possible the ability to educate, legislate, and communicate. A membership stands for all, not just one. We are focused on the whole. We encourage you to fill out the Member Survey so that we can better tend to member needs.

With appreciation,
Court



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